

# No Condemnation

6/15/09

George Poulo

There is therefore no condemnation  
To those who are in Christ Jesus  
Rom8:1a

Condemnation takes on many forms:

1. False beliefs: Thinking that I need someone or something to be happy.
2. Comparing yourself with other people: I am not as spiritual as so and so. Or I am not as witty etc.
3. Looking to the past: Guilt over past mistakes and sins.
4. Looking to the future: Insecurities about what will happen 5 hours or five days from now and thinking that I do not have the resources to cope with it.
5. Thinking you have to be somebody: I have to be approved, successful, popular, and wealthy, appreciated.

The mechanism for coping with condemnation is awareness. It is recognizing that unhappiness is in your head, in your thinking, in your conditioning, and not in reality. If you walk in the Spirit and not fulfill the lusts of the flesh you will be free, aware, and alive. Set your mind on things above, where Christ sits at the right hand of God.... For you are dead and your life is hid with Christ in God. Col3:1-3. Be Christ conscious and free.

Awareness  
5/28/09  
George Poulou  
Hebrews 3:12-19

While it is said, To-day if ye  
Will hear his voice, harden not  
Your hearts.... Heb3:15

1. To see is to love; to be present is to love; to hear is to love. How do we do this?
2. Addictions harden the heart. We only see, acknowledge, and hear what will get us our fix.
3. Fear can harden the heart. We only see, acknowledge and hear what we are consumed with by our fear.
4. Luke 14; 16-27 Attachments can harden the heart. Possessions (Land), people (wife), and oxen (business, money, power) can harden the heart.
5. False beliefs can harden the heart. That without attachments we can not be happy.
6. Ideology can harden the heart. Jew (In their pursuit of holiness by the law they could not see the Messiah), Catholic, Muslim, Buddhist, Capitalist, Democrat
7. Conditioning can harden the heart. Upbringing, family, schooling, culture, media.

How do we break this stranglehold? By awareness. Seeing ourselves doing this and allowing God, the Holy Spirit to swallow it up. By spending time looking at Nature: flowers, trees, sky, sea, birds, and animals. By repentance. By prayer and fasting. By getting into the word of God. By love

If today you hear his voice, harden not your hearts...

# The Work of the Holy Spirit

5/13/09

George Poulou

For we that are in this tabernacle do groan,  
Being burdened; not for that we would be  
Unclothed, but clothed upon,  
That mortality might be swallowed up of life.  
2Cor5:4

The work of the Holy Spirit is that mortality, all that comes by Adam, may be swallowed up by life. That means that the carnal mind and the flesh would be bound and destroyed by the law of the Spirit of life. It is to live and walk in the Spirit and not fulfill the lusts of the flesh.

God arranges circumstances to bring this about.

We will be tried for the things we stand for.

He might move us so that we walk by faith and not by sight.

He might change our job to know that God is Jehovah Jireh, the God that provides.

He might allow Satan to bring trials and hardships to bring us to the place of complete reliance on God.

He might separate us from family and friends for his purpose.

All these things may create fear, doubt, anxiety, tension, and anger. We need to recognize that our ideology, our false belief systems, our attachments, and our conditioning must be looked at and swallowed up by the Holy Spirit. God uses trials and temptations to give us awareness and to allow the Holy Spirit to set us free. This is the work of God, to set us free to live and love unconditionally and without clinging and attachment. That is the end for which we were created. People who will not see what God wants to free them from will remain blind and walk in darkness. People who are willing to see and repent and allow God to transform their lives we gain the kingdom. amen

# Disciplining the Body

04/13/09

George Poulo

I discipline my body and bring it under  
Subjection lest when I preach to others I,  
Myself, should be a castaway. 1Cor:9:27

1. Take authority over your body. You have power to bind and loose. (Matt16) I bind the spirit of pain in Jesus name. Speak to the mountain. (Mark11:23-24)
2. Fast: Eat two or one meal a day. Have fast days. Discipline your body.
3. Awareness: 1Thes:5:5-8 Ephes: 6:12-17 Recognize anger, judgment, bitterness, resentment, hatred, jealousy, fear and repent. Put on the armor of God.
4. Contemplation: "Be still and know that I am God" Psalm46:10 Spend time with nature. Consider the lilies Matt6. Still your body and your flesh.
5. Prayer: Get up early in the morning to pray and study God's word Make your body obey you. (Ephes6:18)
6. Positive confession of scripture: "I crucify my flesh with its passions and lusts." Gal5:24 "And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness." Rom8:10

Exodus  
8/9/06  
George Poulo

First Generation	Second Generation
Lived in slavery	Lived in freedom
Walked by sight not by faith	Walked by faith not by sight
Lived from lack	Lived from shalom
Lived in past/no hope	Lived in present/hope for future
Provisions came from Evil one	Provisions came from God
Weapons of warfare were carnal	Weapons of warfare were spiritual
Lived in sin	Lived in righteousness
Lusted for carnal things	Desired the Spirit
Lived from fear	Lived by faith
Worshipped false gods	Jehovah was their God

Only Joshua and Caleb entered the Promised Land from the first generation. The belief system of the first generation prohibited these people from walking by faith. They could not operate from the Spirit even though they had manna, the Law, Moses, and God manifesting himself by a cloud by day and a fire by night.

The second generation did not have the baggage of the past. They did not live in slavery or bondage or fear. They did not worship false gods. They were able to live by faith (The just shall live by faith. Hab2:4)

Most of us have grown up like the first generation. Are we doomed to be like them, seeing the Promised Land but not able to enter? The answer is no. Pentecost provides the Spirit living inside of us to help us on our journey. Not only do we need anointed preaching, teaching, and healing ministries, we need to be transformed by the renewing of our minds. We also need to "build ourselves up in the faith, praying in the Holy Ghost (Jude20) and "be strengthened with all might by his Spirit in the inner man" (Ephes3:16). We may have to crucify the flesh with its passions and lusts. We may also have to cut the line from living in the security of mammon to live by faith i.e. deny ourselves and take up our cross and follow Him. (Mt10:38-39) If we live a life of charity we will succeed. If we live a selfish life we won't.

Multidimensional Sin War  
George Poulo  
4/21/08

GOD IS LOVE 1JOHN4:8  
WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE HIM HB11:6

THE PROBLEM                      THE SOLUTION

The Flesh  
Galatians 5:19-23                      By the Spirit  
Hebrews4:12                      By the Word

The World  
1John2:15-17                      By Choice

Evil Supernaturalism  
The Devil and demons

1Peter5:1:11                      By Diligence/Resistance  
Lk10:18-20                      By Authority  
Jm4:1-10                      By Submission  
Ephesians 6:10-20                      By Protection

Sin  
1John1:5-10                      By the Blood

Sickness  
James 5:13-16                      By Prayer

Lack  
Gal.3:14                      By the Covenant

Strife  
Mt6:13-15                      By Forgiveness

The Abundant Life  
A Study in Romans  
2/20/09  
George Poulo

I come that you might have life  
And have it more abundantly John10:10

1. The Abundant life is a yielded life Romans 6:13  
Eternal life: faith in death of Christ  
Abundant life: faith in resurrection of Christ
2. The Abundant life is a separated life Romans 1:1  
Negatively separated from sin, the world, the flesh  
Positively separated unto God
3. The Abundant life is a Spirit filled life Romans 8:14  
For joy, for peace, to witness
4. The Abundant life is a life of service to God Romans 12:1  
It is volitional: I present  
It is the whole person: I present my body  
It is sacrificial: I present my body as a living sacrifice
5. The Abundant life is a life of service to mankind Romans 15:1  
It is a mature life: Babies are self-centered  
Children deal with sin  
Young adults deal with the flesh  
Fathers care for the flock: they have peace and  
Contentment.

## Ministry Romans 12

No one has the right to Romans 12 unless he has gone through Romans 1-8

1. Romans 1: The just shall live by faith. If you are not living by faith then you have no right to ministry.
  2. Romans 2: Don't judge the gentile. They may have the law written on their hearts. He is not a Jew who is one outwardly by inwardly. Circumcision is of the spirit and not of the flesh.
  3. Romans 3: Since we have all sinned, we can not be justified by the law but only by faith in Christ.
  4. Romans 4: To be in ministry you must have the same kind of faith as Abraham who did not consider his age or the age of Sarah but praised God and believed what God had promised he was also able to perform.
  5. Romans 5: To be in ministry you must be justified by faith and have peace with God.
  6. Romans 6: To be in ministry you must not sin. Where sin abounds grace did much more abound.
  7. Romans 7: To be in ministry you must win the battle of the spirit over the flesh.
  8. Romans 8: No matter what we go through, nothing can separate us from God.
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9. Romans 12: Ministry is body, mind, and spirit: The whole man.  
Verses 1-2, 9-21
  10. Romans 12: Know what your ministry is. Verses 6-8
  11. Romans 12: Devote yourself completely to your ministry Verses 6-8
  12. Romans 12: Live in love. Verses 9-21



## Study in Faith

3/7/07

George Poulo

Gal5:25	Live and walk in the Spirit
Gal5:3-6	Blessings come from faith and love
Eph2:8	Salvation by grace through faith
Rm10:9-10	Definition of Faith: Confess with mouth/believe in heart

### Examples of definition

Jn15:7	Abide and ask and receive
Mk11:23	Have what you say
Lk11:13	Receive Holy Spirit by asking
Phil4:6	Don't worry ask and God will protect

### How to change heart

Rm12:2	Transformed by renewing of the mind by word of God
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### Attack of Mind

Phil4:8	Negative thinking and attachments
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### Attack of Body

Phil4:6-7	Protection from anxiety, stress, and physical ailments
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### Attack of Spirit

Rm7:14	Law is spiritual. It will condemn you if you fail in any Of the law
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# Application of Faith to Life

04/03/07

George Poulo

Mk11:23 Increase faith by speaking to circumstances  
Hb11:34 Out of weakness were made strong  
Rm5:17 Reign as kings through gift of righteousness  
Rm10:17 Faith comes by hearing: hearing by word of God

## 1. Overcome sin

Gal5:16 I walk in the Spirit: will not fulfill lust of flesh  
Gal5:24 I crucify flesh with its affections and lusts  
Gal2:20 I am crucified with Christ  
Rm6:11 My body dead because of sin: My spirit alive because of righteousness.

## 2. Overcome fear

1Jn4:4 Greater is he who is in me than he who is in world  
Ps27:1 The Lord is my light and salvation whom should I fear?  
Heb2:14:18 Christ experienced death for me that I might not have to.

## 3. Overcoming low self-esteem

Ph4:17 I can do all things through Christ which strengthens me  
2Cor5:21 I am the righteousness of God in Christ  
1Pt1:6 I am holy because God is holy  
1Cor1:30 Jesus made unto us wisdom, righteousness, sanctification, and redemption

## 4. Overcome lack of Love

Rm5:1-5 Justified by faith I have peace and love is shed abroad in heart  
1Th5:8 I put on breastplate of faith and love  
1Tm1:14 Grace of God abundant in faith and love in Christ

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# Not Be Found Naked

11/25/08

George Poulo

For in this we groan, earnestly desiring  
To be clothed upon with our house which  
Is from heaven: If so be that being clothed  
We shall not be found naked. 2Cor5:2-3

1. Nakedness the product of sin and living in the flesh. Gen: 3:7
2. "For they that are after the flesh do mind the things of the flesh but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be spiritually minded is life and peace." Rom8:5-6
3. "We walk by faith and not by sight." 2Cor5:7
- 4.Rev3:14-22 "I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, and that the shame of thy nakedness do not appear:....:V.18
5. Therefore do not trust in riches.
6. Be clothed with the fruit. Col3:12-14 "Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; forbearing one another, ..." V.12,13a

**THEREFORE DON'T BE FOUND NAKED BUT CLOTHED WITH GOD.**

# Dealing with the Flesh

9/02/08

George Poulou

- 22.
- For in my inner being I delight in God's law;
- 23.
- but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members.
- 24.
- What a wretched man I am! Who will rescue me from this body of death?
- 25.
- Thanks be to God--through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin. Romans 7

The inner being, the inner man, delights in God's law. When we are born-again and filled with the Holy Spirit, we delight in God's law. We wish above all things to do the will of God and by all means, keep from sinning. Yet we fail. There is a law of the flesh, a law of sin that works within my members so strong that I fail to do the will of God. With the mind I am a slave of God's law but with the flesh, the slave of sin. St. Paul goes on to say in Romans 8:1 that because of this flesh bent, there is no condemnation. We try to do well but we fail. How do we overcome this flesh, this sin nature?

The first thing we learn is that we have to crucify this flesh Romans 6). We have to mortify the deeds of the flesh (Colossians 3). We do this by faith. What we confess we receive. We have to hear the word by confessing the word because faith comes by hearing and hearing by the word of God (Romans 10:17) In fact faith in anything comes by hearing

what you confess. So start by confessing the word of God and line up your thinking and desires with that word. Be not conformed to the world, but be ye transformed by the renewing of your mind that you may prove the perfect will of God. (Romans 12:2)

Secondly we learn from Romans 8:2 that the law of the Spirit of life in Christ Jesus has made us free from the law of sin and death. The work of the Spirit is to inhabit this flesh to make it conform to the law of the Spirit. Consequently we need to be baptized into the Spirit so that the Spirit can operate on our flesh to make it conform to the perfect will of God. We need to yield, yield, yield to the Spirit. We need to surrender and die to self so that the efficacy of the Holy Spirit can operate on the flesh.

Third we need to fill our lives with psalms and hymns and spiritual songs and shun the world as much as possible. Television, movies, books, magazines, the internet, all that is of the flesh must be abandoned if it does not have Christ as its center.

Fourth we must not forsake the assembling of ourselves together. Associate with the right crowd. Avoid bars and discos and the like that drive the flesh to sin. Maintain good Christian friendships and avoid the occasion of sin.

Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him. James 1:12

*Fifth, learn from your trials. It is through trials that we grow, build faith, and become a blessing to others.*

Fight the good fight of faith. Don't condemn yourself when you fail. Develop good habits. Follow the Spirit. Amen